

Tides, Sunrise and Sunset for Nisqually Delta, March 2015

High Tide

Low Tide

| | Height-Time | | | Height-Time | | | Height-Time | | | Height-Time | | | Sun Rise and Set | General Information |
|--------|-------------|--------|---------|-------------|--------|---------|-------------|--------|---------|-------------|--------|---------|------------------|--|
| 1-Mar | H | 13'0" | 4:02AM | L | 6'4" | 9:44AM | H | 11'7" | 2:25PM | L | 0'10" | 9:16PM | 06:50-05:55 | Tides 10 feet or below Lots of mud visible. Good for herons, shorebirds, and dabbling ducks. |
| 2-Mar | H | 13'3" | 4:40AM | L | 5'9" | 10:28AM | H | 11'8" | 3:19PM | L | 0'10" | 9:59PM | 06:48-05:57 | |
| 3-Mar | H | 13'5" | 5:08AM | L | 5'3" | 11:02AM | H | 11'10" | 4:04PM | L | 0'11" | 10:37PM | 06:47-05:58 | |
| 4-Mar | H | 13'5" | 5:29AM | L | 4'8" | 11:30AM | H | 12'0" | 4:45PM | L | 1'2" | 11:11PM | 06:45-06:00 | |
| 5-Mar | H | 13'5" | 5:48AM | L | 4'1" | 11:57AM | H | 12'1" | 5:24PM | L | 1'7" | 11:44PM | 06:43-06:01 | |
| 6-Mar | H | 13'6" | 6:08AM | L | 3'6" | 12:24PM | H | 12'2" | 6:02PM | - | - | - | 06:41-06:03 | |
| 7-Mar | L | 2'1" | 12:17AM | H | 13'7" | 6:32AM | L | 2'11" | 12:53PM | H | 12'2" | 6:41PM | 06:39-06:04 | Tide 10-11 feet |
| 8-Mar | L | 2'9" | 12:51AM | H | 13'7" | 7:59AM | L | 2'4" | 2:25PM | H | 12'2" | 8:23PM | 07:37-07:06 | Tides are covering most of the mudflats around the boardwalk. |
| 9-Mar | L | 3'6" | 2:26AM | H | 13'5" | 8:28AM | L | 1'10" | 3:02PM | H | 12'0" | 9:08PM | 07:35-07:07 | Water level is good for dabbling ducks. |
| 10-Mar | L | 4'4" | 3:03AM | H | 13'2" | 8:59AM | L | 1'5" | 3:41PM | H | 11'9" | 9:58PM | 07:33-07:08 | |
| 11-Mar | L | 5'4" | 3:43AM | H | 12'9" | 9:33AM | L | 1'3" | 4:26PM | H | 11'6" | 10:55PM | 07:31-07:10 | |
| 12-Mar | L | 6'3" | 4:30AM | H | 12'4" | 10:12AM | L | 1'1" | 5:17PM | - | - | - | 07:30-07:11 | |
| 13-Mar | H | 11'4" | 12:03AM | L | 7'0" | 5:30AM | H | 11'11" | 11:00AM | L | 0'11" | 6:16PM | 07:28-07:13 | Tides 11-13 feet |
| 14-Mar | H | 11'5" | 1:21AM | L | 7'6" | 6:50AM | H | 11'7" | 12:03PM | L | 0'8" | 7:20PM | 07:26-07:14 | Some woody debris still visible on the mudflat but water deeper. Better for diving ducks and seabirds. |
| 15-Mar | H | 11'10" | 2:39AM | L | 7'4" | 8:17AM | H | 11'6" | 1:16PM | L | 0'4" | 8:24PM | 07:24-07:16 | |
| 16-Mar | H | 12'6" | 3:40AM | L | 6'7" | 9:28AM | H | 11'9" | 2:28PM | L | 0'0" | 9:25PM | 07:22-07:17 | |
| 17-Mar | H | 13'2" | 4:25AM | L | 5'6" | 10:21AM | H | 12'4" | 3:34PM | L | -0'2" | 10:19PM | 07:20-07:19 | |
| 18-Mar | H | 13'9" | 5:03AM | L | 4'3" | 11:07AM | H | 13'0" | 4:35PM | L | -0'1" | 11:10PM | 07:18-07:20 | |
| 19-Mar | H | 14'4" | 5:38AM | L | 3'0" | 11:51AM | H | 13'6" | 5:32PM | L | 0'3" | 11:58PM | 07:16-07:21 | Tides 13 feet and up |
| 20-Mar | H | 14'8" | 6:14AM | L | 1'8" | 12:34PM | H | 13'9" | 6:28PM | - | - | - | 07:14-07:23 | Lots of water around the boardwalk. |
| 21-Mar | L | 0'11" | 12:46AM | H | 14'10" | 6:51AM | L | 0'8" | 1:18PM | H | 13'10" | 7:23PM | 07:11-07:24 | Good for diving birds. |
| 22-Mar | L | 1'11" | 1:33AM | H | 14'10" | 7:29AM | L | -0'0" | 2:04PM | H | 13'9" | 8:19PM | 07:09-07:26 | |
| 23-Mar | L | 3'1" | 2:21AM | H | 14'6" | 8:09AM | L | -0'5" | 2:50PM | H | 13'5" | 9:18PM | 07:07-07:27 | |
| 24-Mar | L | 4'3" | 3:12AM | H | 13'10" | 8:51AM | L | -0'4" | 3:38PM | H | 12'11" | 10:20PM | 07:05-07:28 | |
| 25-Mar | L | 5'4" | 4:09AM | H | 13'0" | 9:38AM | L | -0'0" | 4:30PM | H | 12'6" | 11:30PM | 07:03-07:30 | |
| 26-Mar | L | 6'3" | 5:16AM | H | 12'1" | 10:31AM | L | 0'6" | 5:26PM | - | - | - | 07:01-07:31 | NOTE: Tide conditions can vary depending on weather conditions. |
| 27-Mar | H | 12'2" | 12:50AM | L | 6'8" | 6:43AM | H | 11'1" | 11:34AM | L | 1'2" | 6:30PM | 06:59-07:33 | |
| 28-Mar | H | 12'2" | 2:13AM | L | 6'6" | 8:19AM | H | 10'6" | 12:49PM | L | 1'8" | 7:38PM | 06:57-07:34 | |
| 29-Mar | H | 12'5" | 3:20AM | L | 5'10" | 9:32AM | H | 10'3" | 2:07PM | L | 1'11" | 8:44PM | 06:55-07:35 | |
| 30-Mar | H | 12'7" | 4:09AM | L | 5'1" | 10:23AM | H | 10'5" | 3:18PM | L | 2'1" | 9:42PM | 06:53-07:37 | |
| 31-Mar | H | 12'9" | 4:44AM | L | 4'4" | 11:01AM | H | 10'10" | 4:15PM | L | 2'3" | 10:29PM | 06:51-07:38 | |

This information can be found at <http://www.protides.com/washington>